

**HUMAN DEVELOPMENT AND FAMILY STUDIES** **HDFS**

**Department of Human Development and Family Studies  
College of Social Science**

- 145 The Individual, Marriage and the Family**  
Fall, Spring, Summer. 3(3-0) R: Open to freshmen or sophomores. SA: FCE 145  
Development of the young adult in the human ecological context. Issues of sexuality, gender, parenting, work and family interface, communication, and resource use. Diversity in relationships and families.
- 211 Child Growth and Development**  
Fall, Spring, Summer. 3(3-0) SA: FCE 211  
Physical, cognitive, social, emotional, and ecological aspects of human growth and development from conception through early childhood.
- 212 Children, Youth and Family**  
Fall, Spring, Summer. 3(3-0) SA: FCE 212  
An ecosystems perspective on development during childhood and adolescence emphasizing family and community contexts.
- 225 Lifespan Human Development in the Family**  
Fall, Spring, Summer. 3(3-0) SA: FCE 225  
Human development in the family and across the lifespan with an ecological perspective. Relationships between human resource professionals and family systems.
- 238 Personal Finance**  
Fall, Spring, Summer. 3(3-0) SA: FCE 238  
Strategies, techniques, and resources for the management of personal finance.
- 270 Introduction to Human Development and Family Studies**  
Fall, Spring, Summer. 4(3-2) R: Open to students in the Department of Human Development and Family Studies. SA: FCE 270  
Introduction of ecological perspective for Human Service delivery. Professional orientation, ethics and factors influencing the field. Participation in service learning required.
- 320 Interaction with Children in Groups**  
Fall, Spring, Summer. 3(3-0) P: HDFS 211 R: Open to students in the Department of Human Development and Family Studies. SA: FCE 320 C: HDFS 320L concurrently.  
Principles of verbal and non-verbal interaction in relation to children's behavior in groups. Focus on young children in early childhood programs.
- 320L Interaction with Children-Laboratory**  
Fall, Spring, Summer. 1(0-4) P: HDFS 211 R: Open to students in the Department of Human Development and Family Studies. SA: FCE 320L C: HDFS 320 concurrently.  
Practice applying principles of interaction to individuals and small groups in early childhood programs.

- 321 Curriculum for Children (W)**  
Fall, Spring, Summer. 3(3-0) P: (HDFS 320) and completion of Tier I writing requirement R: Open to students in the Department of Human Development and Family Studies. SA: FCE 321 C: HDFS 321L concurrently.  
Child development principles and accreditation standards for designing curricula for early childhood programs. Planning and evaluating learning activities and programs.
- 321L Curriculum for Children - Laboratory**  
Fall, Spring, Summer. 1(0-4) P: HDFS 320L R: Open to students in the Department of Human Development and Family Studies. SA: FCE 321L C: HDFS 321 concurrently.  
Supervised practice in providing learning activities for individual children and small groups. Planning, implementing, and evaluating activities. Field trips may be required.
- 322 Infant Development and Program Planning**  
Spring. 3(3-0) P: HDFS 211 RB: HDFS 320 SA: FCE 322  
Markers of typical and atypical development in infancy. Indicators of quality childcare. Early intervention and support programs. Issues in curriculum and environments of childcare.
- 345 Principles of Family Studies (W)**  
Fall, Spring. 3(3-0) P: Completion of Tier I Writing Requirement R: Open to juniors or seniors in the Department of Human Development and Family Studies. SA: FCE 345  
Historical, social, cultural, and economic perspectives on contemporary families. Approaches to studying families. Role of communication, resources, and decision-making in family systems.
- 405 Work and Family**  
Spring. 3(3-0) R: Open to juniors or seniors or graduate students. SA: FCE 405  
Historical perspectives on work and family. Effects of work on family members across the life cycle, and employer and public policy response.
- 412 Contemporary Youth in a Global Society**  
Fall, Spring. 3(3-0) P: HDFS 212 R: Open to juniors or seniors.  
Interactions of youth and family, community, society at global level. Theoretical and social-cultural factors from ecological perspective.
- 413 Adult Development and the Family**  
Fall of even years. 4(3-3) R: Open to juniors or seniors or graduate students. SA: FCE 413  
Social, psychological, and biological development within the family in middle and later years. Field study required.
- 414 Parenting**  
Fall, Spring, Summer. 3(3-0) R: Open to juniors or seniors or graduate students. SA: FCE 414  
Childrearing in modern society. Adult parenting roles in various family structures. Support roles of families and communities.

- 421 Assessment of the Young Child**  
Fall. 3(3-0) P: HDFS 320 R: Open to juniors or seniors or graduate students in the Department of Human Development and Family Studies.  
Selection of appropriate assessment instruments for children from birth through age 8 across developmental domains. Use of data to inform decisions about teaching and intervention. Assessment topics include ethical collection, evaluation, use of data; multicultural sensitivity; reliability and validity of measures; and assessment of children with special needs.
- 424 Student Teaching in an Early Childhood Program**  
Fall, Spring, Summer. 6(1-10) P: HDFS 321 and HDFS 321L R: Open to students in the Department of Human Development and Family Studies. Approval of department. SA: FCE 424  
Supervised teaching practicum. Planning, implementing, and evaluating an ecological educational program for children and their families.
- 442 Ethnic Families in America**  
Fall, Spring, Summer. 3(3-0) R: Open to juniors or seniors or graduate students. SA: FCE 442  
Historical, structural, and functional components of selected ethnic minority family systems in America. Lifestyles, pressures, adaptations, viability, and continuity.
- 444 Interpersonal Relationships in the Family**  
Fall, Spring, Summer. 3(3-0) R: Open to juniors or seniors or graduate students. SA: FCE 444  
Personal awareness and interpersonal relationships within the family system.
- 445 Human Sexuality**  
Fall, Spring, Summer. 3(3-0) R: Open to juniors or seniors or graduate students. SA: FCE 445  
Family and psychosocial factors affecting the development of a person's sexuality across the life cycle. Reciprocal impact on society and the legal system.
- 447 Management of Human Service Programs**  
Fall, Spring. 3(3-0) P: HDFS 270 and (HDFS 481 or concurrently) R: Open to students in the Department of Human Development and Family Studies. SA: FCE 447  
Analysis of family and community service programs and organizations. Effective management and leadership processes. Programs and organizations from an ecological perspective.
- 448 Child and Family Policy**  
Fall, Spring. 3(3-0) R: Open to juniors or seniors or graduate students. SA: FCE 448  
Issues faced by American families and children. Relationships among social science research, theory, and public policy.
- 449 Special Needs Children and Their Families**  
Spring. 3(3-0) P: HDFS 211 R: Open to juniors or seniors or graduate students. SA: FCE 449  
Resources and interventions available to families and community agencies. Implications for family decisions and professional practices, decisions, and actions.

## Human Development and Family Studies—HDFS

- 454 Family Financial Management**  
Spring of even years. 3(3-0) R: Open to juniors or seniors or graduate students. SA: FCE 454  
Financial management strategies of families during the life cycle. Income support programs.
- 470 Current Issues in Human Development and Family Studies**  
Fall, Spring. 3(3-0) A student may earn a maximum of 9 credits in all enrollments for this course. R: Open to juniors or seniors or graduate students. SA: FCE 470  
Issues affecting families and children. Implications for professional decisions and actions.
- 472 Evaluation of Human Service Programs**  
Fall, Spring. 3(3-0) P: (HDFS 447 or concurrently) or (HDFS 473 or concurrently) R: Open to seniors or graduate students in the Department of Human Development and Family Studies. SA: FCE 472  
Evaluation design, methodology, and implementation with applications to family, child, consumer, and human service-related programs. Interactions of individuals, families, and human-service programs from perspectives of family ecology.
- 473 Administration of Early Childhood Programs**  
Fall. 3(3-0) P: HDFS 320 or concurrently R: Open to juniors or seniors or graduate students in the Department of Human Development and Family Studies. SA: FCE 473  
Administrator's role in early childhood programs. Ecological focus on administrative relationships, regulations, fiscal and management skills, and developmentally appropriate practices.
- 481 Research and Quantitative Methods in Human Development and Family Studies**  
Fall, Spring. 3(3-0) P: HDFS 270 and ((MTH 103 or MTH 110 or MTH 116 or MTH 124 or MTH 132 or STT 200 or STT 201) or designated score on Mathematics Placement test ) R: Open to juniors or seniors or graduate students in the Department of Human Development and Family Studies.  
Survey of qualitative and quantitative research methods. Evaluate, conceptualize and plan research. Validity and ethics explored for consumers of research in community agencies.
- 490 Independent Study**  
Fall, Spring, Summer. 1 to 5 credits. A student may earn a maximum of 9 credits in all enrollments for this course. R: Not open to sophomores or freshmen. Approval of department; application required. SA: FCE 490  
Individual study of selected topics under faculty guidance.
- 490H Honors Independent Study**  
Fall, Spring, Summer. 1 to 5 credits. A student may earn a maximum of 9 credits in all enrollments for this course. R: Not open to freshmen or sophomores. Approval of department; application required. SA: FCE 490H  
Honors individual study of selected topics with faculty guidance.
- 493 Internship**  
Fall, Spring, Summer. 3 to 6 credits. A student may earn a maximum of 6 credits in all enrollments for this course. R: Open to seniors in the Department of Human Development and Family Studies. Approval of department. SA: FCE 493  
Professional experience in a community organization.
- 497 Topics in Human Development and Family Studies**  
Spring. 1 to 3 credits. A student may earn a maximum of 12 credits in all enrollments for this course. R: Approval of department. SA: FCE 497  
Topics in the areas of infancy, childhood, youth, aging, or family.
- 801 Family Ecosystems**  
Fall, Spring. 3(3-0) SA: FCE 801  
Family viewed from ecosystems perspective. Assessment tools used to analyze family systems.
- 810 Theories of Human Development**  
Fall. 3(3-0) SA: FCE 810  
Major theories of development; research findings and the validity of theoretical positions.
- 811 Child Development: Ecological Perspectives**  
Fall of even years. 3(3-0) SA: FCE 811  
Ecological factors that influence family functioning and child outcomes.
- 812 Adolescence in the Family: Ecological Perspectives**  
Spring of even years. 3(3-0) SA: FCE 812  
Ecological factors that influence family functioning and adolescent outcomes.
- 813 Adulthood and Aging in the Family: Ecological Perspectives**  
Fall of odd years. 3(3-0) SA: FCE 813  
Adult development and aging in the contexts of family and community. Family relationships in adulthood and aging.
- 814 Parenthood and Parent Education**  
Spring of odd years. 3(3-0) SA: FCE 814  
Influence of parents on children/youth and factors that influence parenting; approaches to providing education and support for parents.
- 817 Advanced Practice in Infant and Toddler Early Childhood Programming**  
Fall. 3(3-0) RB: HDFS 811 R: Open to graduate students.  
Indicators of developmentally appropriate practices in infant and toddler programming including individualized and culturally sensitive practices with infants, toddlers, and families, research-informed practice, early learning environments, methods and materials, partnerships with families, reflective supervision, infant/toddler and program assessment, and professional development of staff. Observation and interactive experiences required.
- 818 Advanced Curricular Adaptations in Diverse Early Childhood Environments**  
Spring. 3(3-0) RB: HDFS 811 R: Open to graduate students.  
Child development principles and accreditation standards for designing curricula for diverse early childhood programs. Strong emphasis on planning and evaluating learning activities and programs.
- 819 Advanced Teaching Practicum in an Early Childhood Program**  
Summer. 4(4-0) P: HDFS 817 and HDFS 818  
Child development principles and accreditation standards for designing curricula for diverse early childhood programs; emphasis on planning and evaluating learning activities and programs. A daily practicum experience involving planning, implementing, and evaluating activities in an early childhood setting.
- 820 Infant Development: The Contexts of Family, Community, and Culture**  
Fall of even years. 3(3-0) RB: Course in research methodology SA: FCE 820  
Development from conception through age three. Family and community environments as contexts for development. Cultural influences on development, parenting goals, and community practices. Infants in poverty. Issues in sensitive assessment. Culturally inclusive research in infancy.
- 821 Prevention, Intervention and Educational Programs in Early Childhood**  
Fall of even years. 3(3-0)  
Theory, content, evaluation of early childhood prevention, intervention and educational programs. Early childhood policies and practices. Research methods.
- 822 Assessment of the Young Child**  
Fall of even years. 3(3-0) SA: FCE 822  
Assessment instruments and procedures for children from birth to age seven. Techniques for assessing physical, social, emotional, and cognitive development of young children.
- 825 Families with Special Needs Children: An Ecological Perspective**  
Fall of odd years. 3(3-0) SA: FCE 825  
Partnerships between professionals and families to serve children with disabilities.
- 826 Social-Emotional Development Birth to Eight Years: Biology, Relationships, and Culture**  
Spring of even years. 3(3-0) RB: Prior graduate-level course on infant or early child development.  
Theory and research on social-emotional development birth to eight. Variability and diversity influenced by biology, family, relationships, and culture. Integration with other domains.
- 827 Language and Literacy Development from Infancy to Formal Schooling**  
Fall of even years. 3(3-0) RB: At least one course in child development  
Theoretical, empirical, multidisciplinary perspectives on language/literacy birth to school transition. Relationship between language and literacy. Integration of research, practice, policy
- 830 Survey of Couple and Family Therapy Theories**  
Fall. 3(3-0) SA: FCE 830  
Contemporary theories of couple and family therapy.
- 832 Ethics, Law, and Professional Development**  
Spring. 3(3-0) SA: FCE 832  
Ethics and laws affecting family life professionals. Developing a professional identity. Management of private practice and consulting services.

- 833 Transgenerational Couple and Family Therapy**  
Spring of odd years. 3(3-0) RB: HDFS 830  
Intergenerational couple and family therapy theories. Application to individuals, couples, and families.
- 834 Couple Therapy and Theory**  
Spring of odd years. 3(3-0) RB: HDFS 830  
Major theories of couple therapy and their application to therapy.
- 835 Clinical and Prevention Practice in Couple Therapy and Theory**  
Spring of even years. 3(3-0) RB: HDFS 830  
Prevention and early intervention programs in couple therapy and theory. Application and examination of strengths and limitations of couple therapy and theory programs.
- 842 African American Families**  
Spring. 3(3-0) SA: FCE 842  
Historical and contemporary approaches to the study of African and African American families. Major theoretical frameworks.
- 845 Foundations of Family Study**  
Fall. 3(3-0) SA: FCE 845  
Historical and cultural perspectives on the family. Conceptual approaches to family study. Sensitivity to family diversity. Key issues related to the life cycle.
- 847 Theories of the Family**  
Spring. 3(3-0) RB: HDFS 845 SA: FCE 847  
Perspectives on the family. Relationships of theory, research, and practice.
- 860 Youth Policy and Positive Youth Development**  
Fall. 3(3-0) SA: FCE 860  
Federal and state policies and their relationship to youth development.
- 861 Community Youth Development**  
Fall. 3(3-0) SA: FCE 861  
Asset or strength-based community model for youth development. Holistic and dynamic understanding of youth and communities. Individual development. Adolescents' interrelationships with their environments.
- 862 Youth Cultures and the Culture of Youth**  
Spring. 3(3-0) R: Open to graduate students in the Youth Development major. SA: FCE 862  
Contextual and cultural factors, historical and societal influences that shape contemporary beliefs and attitudes of and toward youth. Ways in which adults engage youth in formal and informal settings.
- 864 Foundations of Youth Development**  
Fall, Spring, Summer. 1(1-0) R: Open to graduate students in the Youth Development major.  
Theories, concepts and terminology of youth development. Ethical, professional, and historical elements of youth development in social, economic, ethnic and political contexts.
- 872 Program Design and Development**  
Fall of even years. 3(3-0) SA: FCE 872  
Processes involved in program design and development for human service organizations and agencies.
- 873 Administration and Management of Human Services Programs**  
Spring of even years. 3(3-0) RB: HDFS 872 SA: FCE 873  
Processes and procedures related to the management and administration of human services programs.
- 874 Foundations and Principles of Family Community Services**  
Spring of odd years. 3(3-0) RB: Undergraduate degree in family studies or related major. R: Open to masters students in the Department of Human Development and Family Studies. Approval of department.  
Theory, research and practice with families in community contexts.
- 875 Resilience in Families**  
Spring of odd years. 3(3-0) P: HDFS 874 or concurrently RB: Undergraduate degree in family studies, human development, or related area. R: Open to masters students in the Department of Human Development and Family Studies. Approval of department.  
Models of family resilience across life span and within special populations, such as families in crisis, culturally diverse families, and military families.
- 876 Family Policy**  
Spring of odd years. 3(3-0)  
Family perspective on public policy analysis. Linking research, policy and practice. Formulating policy that strengthens families across lifespan.
- 880 Research Methods in Family and Child Ecology**  
Fall. 3(3-0) SA: FCE 880  
Methods applied to problem definition, research design, and analysis.
- 881 Quantitative Methods in Family and Child Ecology**  
Fall of even years, Spring. 3(3-0) RB: (HDFS 880) or equivalent course in research methods. R: Open to masters students or doctoral students in the Department of Human Development and Family Studies. SA: FCE 881  
Application of quantitative techniques to the analysis of family and ecological research data.
- 888 Diverse Families and Communities: Interventions and Strategies**  
Fall of even years. 3(3-0) RB: HDFS 830  
Diversity in families and communities. Culturally sensitive interventions and strategies delivered by culturally competent therapists.
- 890 Master's Independent Study**  
Fall, Spring, Summer. 1 to 5 credits. A student may earn a maximum of 9 credits in all enrollments for this course. R: Open to masters students or approval of department. SA: FCE 890  
Individual study of selected topics with faculty guidance.
- 892 Seminar in Human Development and Family Studies**  
Fall, Spring. 1 to 4 credits. A student may earn a maximum of 12 credits in all enrollments for this course. SA: FCE 892  
Selected content in family relationships, family economics, human development in the family, community services, or programs for children and families.
- 894 Laboratory and Field Experience**  
Fall, Spring, Summer. 1 to 4 credits. A student may earn a maximum of 8 credits in all enrollments for this course. R: Open to masters students or doctoral students in the Department of Human Development and Family Studies. SA: FCE 894  
Supervised observation, practica, or internships.
- 895 Families in Poverty**  
Fall of even years. 3(3-0) SA: FCE 895  
Causes of poverty. Poverty and family functioning. Proposals for breaking the poverty cycle.
- 896 Child Development Across Cultures**  
Fall of odd years. 3(3-0) SA: FCE 896  
Development of children in different societies. Biological, ecological, social, and cognitive factors influencing growth and behavior. Family influences.
- 897 Family, Couple and Individual Assessment**  
Summer of even years. 3(3-0) RB: HDFS 880 and HDFS 830 and HDFS 832 SA: FCE 897  
Theoretical, research, and clinical issues in measuring family, couple and individual characteristics. Critique of clinical and research assessment tools.
- 899 Master's Thesis Research**  
Fall, Spring, Summer. 1 to 6 credits. A student may earn a maximum of 50 credits in all enrollments for this course. R: Open to masters students in the Department of Human Development and Family Studies. SA: FCE 899  
Master's thesis research.
- 901 Contemporary Scholarship in Human Development and Family Studies**  
Fall. 3(3-0) R: Open to doctoral students in the Department of Human Development and Family Studies. SA: FCE 901  
Multiple perspectives on human development and family studies scholarship. Emerging research; professional development strategies.
- 902 Advanced Couple and Family Therapy Theories**  
Fall, Spring. 3(3-0) A student may earn a maximum of 12 credits in all enrollments for this course. RB: HDFS 830 SA: FCE 902  
Selected theoretical perspectives in couple and family therapy and related therapy techniques. Topics vary.
- 903 Evidence-based Couple and Family Therapy Intervention Programs**  
Spring of even years. 3(3-0) RB: HDFS 830  
In-depth review of couple and family therapy intervention programs with strong evidence of effectiveness.
- 910 Contemporary Couple and Family Therapy Theories**  
Spring of odd years. 3(3-0)  
Emerging theories and issues related to couple and family therapy. Review of evidence based family-based interventions.
- 911 Outcome Research: What Works in Couple and Family Therapy Theories**  
Spring of even years. 3(3-0)  
Common and unique change processes in couple and family therapy. Review of common factors and other non-technique approaches to change.

## Human Development and Family Studies—HDFS

**924 Quantitative Observational Methods for Studying Behavior and Development**  
Fall of odd years. 3(3-0) RB: Basic, graduate level, research methods

Methodologies for observational research in study of human behavior and development. Measurement design and application, reliability and validity, analysis of resulting data.

**982 Qualitative Research Methods**  
Fall of even years. 3(3-0) RB: HDFS 801 and HDFS 880 R: Open to graduate students in the Department of Human Development and Family Studies. SA: FCE 982

Theoretical and applied experience related to qualitative research design and methodology.

**983 Advanced Research Methods in Couple and Family Therapy**  
Spring of odd years. 3(3-0) RB: (CEP 933 and CEP 934) or equivalent courses and 6 credits of HDFS 902. R: Open to graduate students. SA: FCE 983

Methodological issues. Research design, measurement, and analysis appropriate for assessing effectiveness of couple and family therapy. Development of a couple and family therapy research proposal.

**990 Doctoral Independent Study**  
Fall, Spring, Summer. 1 to 5 credits. A student may earn a maximum of 9 credits in all enrollments for this course. R: Open to doctoral students in the Department of Human Development and Family Studies or approval of department. SA: FCE 990

Individual study of selected topics with faculty guidance.

**993 Internship**  
Fall, Spring, Summer. 1 to 9 credits. A student may earn a maximum of 12 credits in all enrollments for this course. R: Open to graduate students in the Department of Human Development and Family Studies. Approval of department. SA: FCE 993

Supervised practicum, or internship.

**994 Sex Therapy**  
Spring of odd years. 3(3-0) RB: HDFS 445 R: Open to graduate students in the Department of Human Development and Family Studies. Approval of department. SA: FCE 994

Major models of sex therapy utilized in couple and family therapy. Etiology and treatment of major sexual dysfunctions.

**995 Couple and Family Therapy Supervision**  
Fall. 3(2-3) R: Open to doctoral students in the Department of Human Development and Family Studies. Approval of department. SA: FCE 995

Models of couple and family therapy and related supervision principles. Development of perceptual, cognitive, and executive supervisory skills. Ethical, legal, and educational issues.

**999 Doctoral Dissertation Research**  
Fall, Spring, Summer. 1 to 24 credits. A student may earn a maximum of 36 credits in all enrollments for this course. R: Open to doctoral students in the Department of Human Development and Family Studies. SA: FCE 999

Doctoral dissertation research.